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Report of Exchange Experience

In April 2018, I applied for the European Erasmus exchange program and got a chance to study at the University of Munich in Germany for half a year. In September 2018, I left my university in Hungary to go to Munich, Germany, to start my study abroad in Germany. This report is a summary and sharing of my exchange study.

I. About the Erasmus program.

Erasmus Program, European Community Action Scheme for the Mobility of University Students is a student exchange program established in 1987 by European communities. In January 2014, on the basis of it, Erasmus+, an exchange program for all education, training and youth sports in the European Union, was created. The main goal is based on the European Union's Lisbon strategy: making Europe the 'world's most competitive and dynamic knowledge economy, developing into an educational benchmark with high quality and outstanding achievements'. My home university also a member of the Hungarian University of Pécs. My home university offers us a variety of opportunities to exchange and learn. I learned about the Erasmus exchange program through the school's email. I understand that through this opportunity, I can expand my horizons and gain the opportunity to exchange and study in other countries on the basis of my original study abroad life. The school provided me with this platform, allowing me to experience and experience the learning atmosphere and teaching system of different schools. My home university has a dedicated international office to help me better understand the Erasmus program and has helped me a lot in my subsequent success in communicating with other countries. This is one of the

important conditions for me to go to Germany to exchange and study. Through the promotion and guidance of the school, I successfully learned about the Erasmus program and successfully went to Germany to exchange studies.

II. My expectation of exchange study.

Germany was originally the first choice country for my study abroad. However, due to various application restrictions such as language, I was unable to study in Germany. Now the school has provided me with an opportunity to study and exchange in Germany, and is the world famous university, LMU university. I hope that through this opportunity, I can fully feel the life of studying in Germany. I also learn the teaching philosophy of different universities, understand my own subjects in many aspects, and feel different cultures and learn more courses of interest.

For my half-year exchange study life, I hope that I can successfully complete my exchange study at the LMU University . First of all, in terms of learning, I hope that through the teaching methods of different schools, I will be able to understand my subject more comprehensively and help me to learn more subject knowledge in the future. At the same time, I also need to choose a variety of courses to help me better understand German culture and get to know LMU University. Secondly, in terms of life, I hope that through half a year of German life, I can experience the meaning of independent study abroad. At the same time, recognizing more friends and experiencing the culture of other countries is also one of my important purposes. Germany is one of the countries with a long history in Europe. Munich is a city full of culture. I hope that the exchange of life for half a year will help me to experience a richer culture and expand my horizons of life while cultivating my independence.

III. The exchange study life.

1. The city.

I went to Munich, Germany to start my exchange study life. Munich is the capital of

Bavaria, Germany. Located on the Isar River in the northern foothills of the Southern Alps, Munich is one of Germany's leading economic, cultural, technological and transportation centers. At the same time, Munich retains the quaint customs of the former Bavarian capital city, so it is called 'the village of millions of people.' It is the center of the bioengineering, software and services industries. Munich is Germany's second largest financial center (after Frankfurt) and one of Europe's leading publishing centers. At the same time, Munich is one of the major cultural centers in Europe. There are more than 3,000 galleries, more than 50 museums, 4 opera houses, 3 world-class symphony orchestras, numerous bookstores... a large number of cultural and artistic facilities. Munich people love art. As a Chinese student studying and living in such a culturally rich city, I feel a strong European cultural atmosphere.

When I first arrived in Munich, I just caught up with the whole city, even one of the most important festivals in Germany was the world-famous Oktoberfest. The Oktoberfest originated on October 12, 1810, because the main drink during this festival was beer, so people used to call it the Oktoberfest. It is held in Munich, Germany from the end of September to the beginning of October. It lasts for two weeks and is the biggest event of the year in Munich until the first Sunday in October. The Oktoberfest and the London Beer Festival in the United Kingdom and the Denver Beer Festival in the United States are also known as the world's three most famous beer festivals. This celebration lasted for five days, and people gathered on the large lawn outside Munich, singing, dancing, watching horse racing and drinking beer. Such a city has a wonderful start for my exchange life.

2. The exchange life.

Transport.

Munich is one of the important cities in Germany, with a wealth of transportation, aviation, trains, subways, buses and so on. Munich International Airport, 29 km northeast of Munich, is one of the most important airports in Europe. Munich International Airport is the second largest airport in Germany (after Frankfurt

International Airport) and the ninth largest airport in Europe. However, because Munich Airport is not a United Airlines airport, the ticket price is relatively high, so it is not the first choice for travel. Compared to its population, Munich has one of the world's largest public transport systems in the city, including the U-Bahn, the S-Bahn, the Trambah and the Bus. The entire system is managed jointly by the Munich Transport System (MVG) and the German Railways (DB). Munich's public transport system is very convenient, and a ticket can be selected and used in a variety of ways. As a visitor, you can choose to use the day pass for all day. As a student, you can choose the annual ticket, which includes all the traffic in all parts of Munich, is the most favorable choice. I chose this half-year student ticket during the exchange in Munich, the full price of 200 euros, solved all the traffic problems in my entire city and even the surrounding towns.

The central station of Munich (München Hauptbahnhof) is located in the heart of the city and is the leading station for passenger traffic in Germany. There are also two smaller train stations: the Pasing Bahnhof in the city's western district, and the Ostbahnhof in Munich. The three railway stations are connected by a public transportation system to form a transportation hub. From Munich, there are direct high-speed trains to major cities such as Berlin, Hamburg, Cologne, and Frankfurt, as well as international trains to neighboring countries such as Austria, Hungary, Italy, Switzerland, and France. The German Railway is the most convenient and fast way to travel. It has a dedicated app for travel planning and ticketing, and passengers can take an electronic ticket to complete the trip. The only thing to note is that Deutsche Bahn can only buy cheap tickets if you plan ahead.

Cost.

The city of Munich also retains the ancient Bayern culture. My German teacher told me that more Munich people not only think that they are German, but more Bayern people, they have their own language called Boarisch. Bayern is one of the wealthiest states in Germany. Fifty years ago, Bavaria was a region dominated by agriculture

and has now developed into a 'new economy' center. At the same time, Bavaria is one of the most prosperous markets in the world. Munich, the capital of the state, is known as the 'Second Capital of Germany' and is the cultural and economic center of Bavaria. As such a city, the cost is high. The average cost of an international student in Munich is around 1000-1500 Euro. Munich is also one of the cities with very high housing prices. The rent for a foreign student in January is about 500-700 euros. As an exchange student, I am very fortunate to have the opportunity to live in a school dormitory, but as an ordinary international student it is difficult to apply for a student dormitory. Therefore, planning for living expenses is very important for exchanging life. In daily life, Munich has many supermarkets with relatively low prices. Cooking by ourselves is one of the better choices for living in Munich.

Accommodation.

Accommodation at the LMU University is divided into two types of accommodation and accommodation. As I said before the outer housing, the cost of a month is about 500-700 euros. In terms of student residences, all universities in Munich do not have separate student residences, which are combined student residences. There are a total of four student joint residential areas across the city, based on facilities and house prices. General students need to apply for a student residence in advance, and there is no guarantee that all students will be accommodated in the student residence. As an exchange student, you can definitely stay in the student dormitory, but you must prepare for the application in advance and the requirements for the accommodation and the acceptable rent range. I am staying in a joint dormitory in Munich's Student City, 280 Euros a month, with a separate kitchen and bathroom single room. Personally, this is a convenient student residence for both life and transportation.

Restaurant.

Munich's diet is very rich and varied. First of all, it is worth mentioning the local flavor of Munich, which has a long history and is full of life. The authentic Munich flavours include traditional foraging and delicious pasta. No matter which decent

traditional restaurant, you can taste roast pork knuckle or fresh radish stew, Munich vinegar beef and game, especially the popular meatballs. Munich is known for its wineries and white beer (wheat beer). The golden translucent Helles is Munich's most popular beer. This beer is not old, starting in 1895. Munich dark beer also has Munich's most popular beer. I highly recommend a restaurant 'Hofbrauhaus Munchen' in the heart of Munich, where you can taste authentic Munich cuisine and famous Munich beer.



Entertainment.

In addition to its long history and culture, Munich is also an important tourist city. In addition to the famous tourist attractions and the Oktoberfest, there are many entertainment activities in Munich on weekends. The museums in Munich are all over the city, where you can truly learn the culture of the city. One of the most impressive of these is the Teddy Bear Museum, where you can see the history of all toys since World War II. At the same time, Munich has a well-known European football team, Bayern Munich team, interested students can choose a game and feel the football culture. The English Garden is the best place to enjoy a weekend in Munich, and the entire English garden is beautifully landscaped throughout the city. Maria Square is

the heart of the city, where there are often large events. During my exchange, I visited the Christmas market and the New Year's fireworks event in Munich. The fireworks display is only available on the day of the year in Munich, so the fireworks display is a very important event for Munich. If you have time, you can take the subway to the towns around Munich on weekends, visit the beer making process and enjoy the local cuisine.



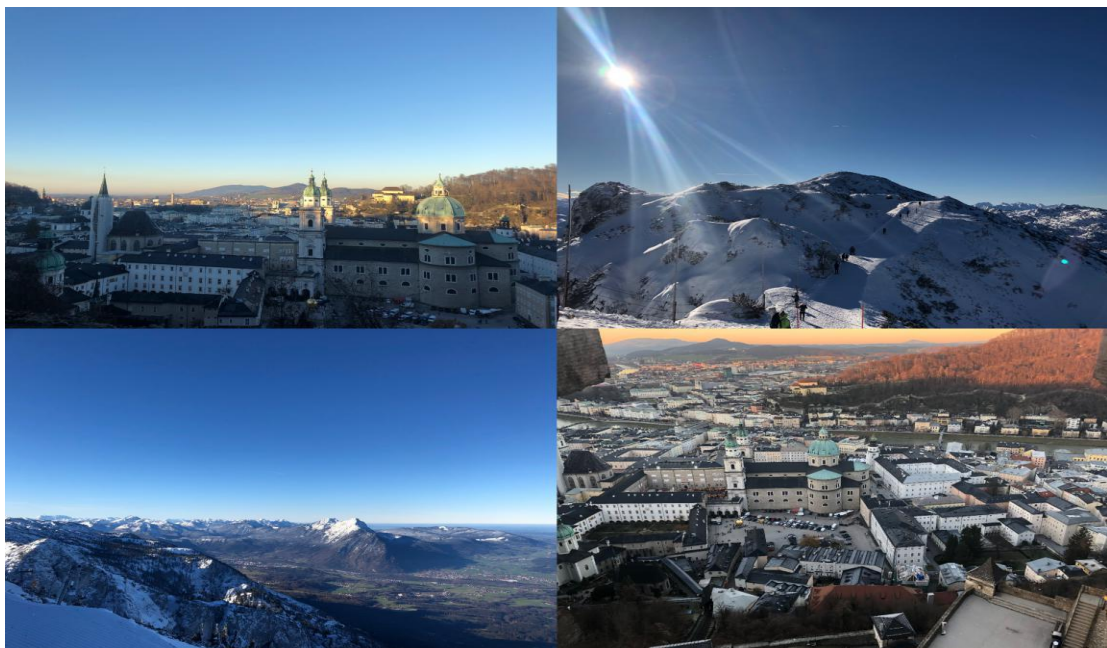
Mariaen Platz



English Garden

Traveling.

In addition to Munich, there are many beautiful tourist attractions around Munich. At the same time, the LMU University have many special tourism communities, which provides rich entertainment life for exchange students. For example, you can go to Berlin to experience the traces of history, or you can go to Frankfurt to experience the modern scenery. You can climb the Grand Peak to enjoy the scenery, you can also go to the Black Forest to enjoy nature, or you can go to Neuschwanstein Castle to experience the Grimm fairy tale. During my exchange of life, I went to the Austrian music city, Mozart's hometown, Salzburg. Salzburg, Austria, is a city that is always associated with music. It is eternal because of Mozart. It is classic because of the movie "The Sound of Music", and it is fascinating because of its rich medieval style. At the Mozart Museum, I got to know this world famous musician. At the same time, I also took part in the Alps during my lifetime and experienced the scenery of the Alps. Mount Ontes is situated on the southern outskirts of Salzburg, with a maximum point of 1973 meters, a prominent landmark on the edge of the Alps. You can choose to take the cable car up the mountain directly. If you are a mountaineer, you can also choose to climb the mountain. It takes a few hours, but the weather is more demanding. The Alps made me deeply feel the greatness of nature.



Salzburg

IV The Erasmus life and the experience of the exchange study.

1. Erasmus life.

The Erasmus program is a good opportunity to exchange and learn, to let me experience and learn the culture of the local country, and also let me feel the free research and learning atmosphere in well-known universities. Before arriving at the LMU University, the school will provide local buddy to help me with my life. Although my buddy did not provide me with substantial help because of the busy study, this organization is still an important organization for exchange students. At the same time, the LMU University offers a group of exchange students, and organizes corresponding exchange student welcome activities.

2. LMU University.

The LMU University has been one of the most prestigious universities in Germany and Europe since the 19th century. It is also a member of the German elite university, the U15 University Alliance and the European Research University Alliance. Its social sciences, humanities, physics, chemistry, life sciences, medicine, The fields of mathematics and other fields are internationally renowned. It has a high academic status and extensive influence in many fields such as literature, medicine, physics, and chemistry. It is recognized as one of the top institutions of higher education in the world today. During the exchange study period, in addition to selecting a professional course related to the subject, you can choose any course that you are interested in within the scope of the credits. And the LMU University does not have a course registration, we can choose all the courses that are of interest to you, as long as you register for the exam week. The LMU University focuses on the independent and free learning of students, and students need to arrange their own study plans. The learning atmosphere is very strong. There are several free student libraries in Munich. There are also a number of student organizations related to study and sports life to help you learn better in Munich.

During my exchange at the University of Munich, in addition to my major courses, I also chose German language courses and courses on human resources. The German course takes me through the charm and culture of the German language. The HR course took me to visit a well-known local company in Munich. At the same time, the diversified group study allowed me to learn more freely and cultivated my innovation in learning autonomy and self-ability. However, it is worth noting that the final exam of the LMU University requires long-term and serious study accumulation, which is not a short-term effort. The examinations at the LMU University not only examine students' classroom knowledge, but also examine students' extracurricular knowledge. In addition to the study of professional knowledge, a large amount of knowledge expansion and accumulation is required.

3. The difficulties and how to deal with it.

Of course, there are some difficulties in exchange learning, but this is also an important aspect of exchange learning to help self-growth. When you start to exchange learning, you must have a comprehensive understanding of the teaching systems of different schools in order to better arrange exchange and study life. I think the best way is to participate in the exchange school's start-up lectures, which can help me better arrange exchange studies and make exchange life more efficient. The second is to face a completely unfamiliar learning and living environment and learn to learn independently. I think that making friends is also an important part of exchanging life. Through exchanges and learning, not only can you improve yourself, but you can also better adapt to exchange life. Finally, how to successfully complete the academic period during the exchange is also very important. Only when the exchange school exam is successfully completed can the credit exchange be completed smoothly, and more knowledge can be learned in a limited time. It is necessary to have a complete plan for learning, because exchange learning is more testable to the autonomy of learning, not only to complete the school more effectively, but also to enjoy the extracurricular life better.

V. The significance of exchange study.

The most important thing during my exchange study was not only the recognition of many new friends, but also the addition of my own learning and life experiences in communicating with them. At the same time, they also experienced the culture and customs of different countries and felt the research atmosphere and learning experience of different universities. This is very important for the development of the self and the expansion of the knowledge.

For me, this is a rare process of self-growth and learning. Such an opportunity is very valuable. The exchange study in just half a year not only allowed me to learn more about my expertise, but I was also infected by the historical culture and artistic atmosphere of Munich. In such a city with a strong academic atmosphere, I feel the joy of learning and the vastness of the world, so I have re-acquainted myself. At the same time, it is also a rare opportunity for me to calm down and think from me, so that I can seriously think about what I need to pursue and my future direction. Although it may not be completely clear, it allows me to learn to slowly explore and find, and to make steady progress. This exchange of life is a precious and fun adventure, unforgettable memories.

For those who choose or consider exchange learning in the future, I think the Erasmus exchange program is a good choice to help you choose the ideal school, and it will always accompany your life during the exchange study period. This is a rare opportunity for you to go out and feel the different culture shocks. Even with the difficulties, the experience gained is rare, and the memories are unforgettable. I think exchange learning is not a waste of time. It is a journey to know oneself and improve oneself.