Title:	Creativity Development Practice
Credit points (ECTS):	4
Term:	Fall
Module leader:	Dr. Eszter Tari

Aims:

Creativity seems to be the most important soft skill of the 21st century and crucial for professionals in all fields. This course is intended to support and complete any field of study by motivating the participants to open their minds to innovative methods. Through creative exercises, they will acquire skills to connect various things and absorb information in a way that they can use later in life. The content of the contact hours will help students to see things differently, improve their observational skills and serve as a creative warm-up. The course will improve creativity through techniques of visual arts (such as free-form drawing, painting, printing, collage, paper cutting and folding, contemporary art techniques), and playful exercises requiring mindfulness.

Learning outcomes:

Students will gain more confidence, find and develop their individual voice and style. It is a course for exploration through trying new things, experimenting, while not excluding even the possibility of making occasional mistakes. It is recommended for all levels and fields of interests, although especially students who are interested in visual arts may improve their drawing, painting skills or even interpreting forms and space. Experience gained in this course will improve the participants' flexibility in coping with unexpected situations and their performance in daily life and at their future workplace.

Syllabus:

- 1. Discussion of creativity and creative thinking.
- 2. Discussion of creative experiences and the linkage between creativity and the visual arts.
- 3. Visual games without artistic materials and tools.
- 4. Working with different materials and textures.
- 5. Nature and the use of natural materials.
- 6. Our body and our surroundings.
- 7. Movement, space and colors.
- 8. Art and mathematics.
- 9. Decorative assignments.
- 10. Interpretation of works of art in nutshell.
- 11. -13. Final presentation of students and class discussion.

Learning and teaching strategy:

Every lecture will begin with a short overview of the theoretical background related to the topic. Thereafter the contact hours always consist of studio practices and interactive plays. Students will work alone, in pairs and in teams as well. At the end of the course students will show final presentations followed by class discussions.

Core learning materials: Recommended reading: Csikszentmihályi Mihály (2011): Creativity. Flow and the Psychology of Discovery and Invention. Harper Collins Publisher. De Bono, Edward (2015): Lateral Thinking. Creativity Step by Step.Harper Colophon Publisher. Heijnen, Emiel (2021): Wicked Arts Assignments: Practising Creativity in Contemporary Arts Education. Valiz Publisher. Kelles, David and Tom (2015): Creative **Confidence**. Harper Collins Publisher. Kleon, Austin (2012): Steal Like an Artist. 10 things nobody told you about being creative. Workman Publishing. Robinson, Ken (2017): Out of Our Minds. The Power of Being Creative. John Wiley and Sons Ltd.

Tharp, Twyla (2008): **The Creative Habit.** Learn it

and use it for life. SIMO Publisher.