



Physical Training BSc Study Abroad Course List

Tuition fee: 2600-2900 USD

For course syllabi, please contact the Study Abroad Office!

| Course title | Semester | Credits (ECTS) |
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| Anatomy I. (lecture) | Fall | 2 |
| Callisthenics I. (practice) | Fall | 2 |
| Basics of Theory of Training II. (lecture) | Fall | 2 |
| Biomechanics (lecture) | Fall | 2 |
| Human Biology (lecture) | Fall | 2 |
| Accident prevention, First aid and Sport Hygiene | Fall | 2 |
| Biochemistry (lecture) | Fall | 2 |
| Physiology, Sportphysiology I. (lecture) | Fall | 2 |
| Exercise Physiology (practice) | Fall | 2 |
| Performance Testing (practice) | Fall | 2 |
| Pedagogy I. (Introduction to Pedagogy) | Fall | 2 |
| Introduction to Psychology | Fall | 2 |
| Sportpsychology | Fall | 2 |
| Sport theory and practice I. (Football) | Fall | 6 |
| Sport theory and practice I. (Basketball) | Fall | 6 |
| Sport theory and practice I. (Athletics) | Fall | 6 |
| Sport theory and practice I. (Swimming) | Fall | 6 |
| Sport theory and practice III. (Football) | Fall | 6 |
| Sport theory and practice III. (Basketball) | Fall | 6 |
| Sport theory and practice III. (Athletics) | Fall | 6 |
| Sport theory and practice III. (Swimming) | Fall | 6 |
| Sport theory and practice V. (Football) | Fall | 6 |
| Sport theory and practice V. (Basketball) | Fall | 6 |
| Sport theory and practice V. (Athletics) | Fall | 6 |
| Sport theory and practice V. (Swimming) | Fall | 6 |
| Methods of Physical Education and Inclusion (theory + practice) | Fall | 4 |
| Basics of Social Sciences (Civics and Economy, Fundamentals of the European Union) | Fall | 3 |
| Social Sciences I. (Philosophy) | Fall | 2 |



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| Social Sciences III. (Introduction to Sport Pedagogy and Sport Sociology) theory + practice | Fall | 4 |
| Informatics (practice) | Fall | 2 |
| Sportmanagement (theory) | Fall | 2 |
| Programs of Youth Sports | Fall | 2 |
| Functional movements and skill development | Fall | 3 |
| Conditional skill development according to different sport needs | Fall | 3 |
| Group Fitness (theory and practice) | Fall | 3 |
| Doping and sports | Fall | 3 |
| Measurements and evaluation in sports (theory + practice) | Fall | 3 |
| Outdoor activities (recreational sports and games) | Fall | 2 |
| Basics of individual sports (Basic of athletics, Swimming, Martial arts, Sport gymnastics) | Fall | 8 |
| Visiting trainings I. (Football) | Fall | 2 |
| Visiting trainings I. (Basketball) | Fall | 2 |
| Visiting trainings I. (Athletics) | Fall | 2 |
| Visiting trainings I. (Swimming) | Fall | 2 |
| Visiting trainings III. (Football) | Fall | 2 |
| Visiting trainings III. (Basketball) | Fall | 2 |
| Visiting trainings III. (Athletics) | Fall | 2 |
| Visiting trainings III. (Swimming) | Fall | 2 |
| Leading and practice of training I. (Football) | Fall | 2 |
| Leading and practice of training I. (Basketball) | Fall | 2 |
| Leading and practice of training I. (Athletics) | Fall | 2 |
| Leading and practice of training I. (Swimming) | Fall | 2 |
| Leading and practice of training III. (Football) | Fall | 2 |
| Leading and practice of training III. (Basketball) | Fall | 2 |
| Leading and practice of training III. (Swimming) | Fall | 2 |
| Leading and practice of training III. (Athletics) | Fall | 2 |
| Kangoo | Fall | 3 |
| Crossfit | Fall | 3 |
| Shooting | Fall | 3 |
| Yoga (Hatha yoga) | Fall | 4 |
| Callisthenics II. | Spring | 2 |
| Physical Education Games | Spring | 2 |
| Motor development | Spring | 2 |
| Motor Learning Motor Control | Spring | 2 |
| Basics of Theory of Training I. | Spring | 2 |
| Anatomy II. | Spring | 2 |



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| Physiology, Sportphysiology II. | Spring | 4 |
| Dietetics | Spring | 2 |
| Prevention, Physical Therapy, Rehabilitation | Spring | 4 |
| Sport Injuries | Spring | 2 |
| Pedagogy III. (Theories of Education, Didactics) | Spring | 4 |
| Introduction to Psychology II. (Developmental Psychology) | Spring | 2 |
| Pedagogical Psychology | Spring | 2 |
| Social Sciences II. (Communication, Introduction to Sociology, Basic of Sport Law) | Spring | 5 |
| Communication in Sport | Spring | 2 |
| Introduction of Research methods in Sport | Spring | 4 |
| Event management | Spring | 2 |
| Leadership and organization of sport camps | Spring | 3 |
| Sport theory and practice II. (Football) | Spring | 6 |
| Sport theory and practice II. (Basketball) | Spring | 6 |
| Sport theory and practice II. (Athletics) | Spring | 6 |
| Sport theory and practice II. (Swimming) | Spring | 6 |
| Sport theory and practice IV. (Football) | Spring | 6 |
| Sport theory and practice IV. (Basketball) | Spring | 6 |
| Sport theory and practice IV. (Athletics) | Spring | 6 |
| Sport theory and practice IV. (Swimming) | Spring | 6 |
| Sport theory and practice VI. (Football) | Spring | 6 |
| Sport theory and practice VI. (Basketball) | Spring | 6 |
| Sport theory and practice VI. (Athletics) | Spring | 6 |
| Sport theory and practice VI. (Swimming) | Spring | 6 |
| Visiting trainings II. (Football) | Spring | 2 |
| Visiting trainings II. (Basketball) | Spring | 2 |
| Visiting trainings II. (Athletics) | Spring | 2 |
| Visiting trainings II. (Swimming) | Spring | 2 |
| Leading and practice of training II. (Football) | Spring | 2 |
| Leading and practice of training II. (Basketball) | Spring | 2 |
| Leading and practice of training II. (Athletics) | Spring | 2 |
| Leading and practice of training II. (Swimming) | Spring | 2 |