



Physical Training BSc Study Abroad Course List

Tuition fee/credit: 100 USD

For course syllabi, please contact the Study Abroad Office!

Course title	Semester	Credits (ECTS)
Anatomy I. (lecture)	Fall	2
Callisthenics I. (practice)	Fall	2
Basics of Theory of Training II. (lecture)	Fall	2
Biomechanics (lecture)	Fall	2
Human Biology (lecture)	Fall	2
Accident prevention, First aid and Sport Hygiene	Fall	2
Biochemistry (lecture)	Fall	2
Physiology, Sportphysiology I. (lecture)	Fall	2
Exercise Physiology (practice)	Fall	2
Performance Testing (practice)	Fall	2
Pedagogy I. (Introduction to Pedagogy)	Fall	2
Introduction to Psychology	Fall	2
Sportpsychology	Fall	2
Sport theory and practice I. (Football)	Fall	6
Sport theory and practice I. (Basketball)	Fall	6
Sport theory and practice I. (Athletics)	Fall	6
Sport theory and practice I. (Swimming)	Fall	6
Sport theory and practice III. (Football)	Fall	6
Sport theory and practice III. (Basketball)	Fall	6
Sport theory and practice III. (Athletics)	Fall	6
Sport theory and practice III. (Swimming)	Fall	6
Sport theory and practice V. (Football)	Fall	6
Sport theory and practice V. (Basketball)	Fall	6
Sport theory and practice V. (Athletics)	Fall	6
Sport theory and practice V. (Swimming)	Fall	6
Methods of Physical Education and Inclusion (theory + practice)	Fall	4
Basics of Social Sciences (Civics and Economy, Fundamentals of the European Union)	Fall	3
Social Sciences I. (Philosophy)	Fall	2



Social Sciences III. (Introduction to Sport Pedagogy and Sport Sociology) theory + practice	Fall	4
Informatics (practice)	Fall	2
Sportmanagement (theory)	Fall	2
Programs of Youth Sports	Fall	2
Functional movements and skill development	Fall	3
Conditional skill development according to different sport needs	Fall	3
Group Fitness (theory and practice)	Fall	3
Doping and sports	Fall	3
Measurements and evaluation in sports (theory + practice)	Fall	3
Outdoor activities (recreational sports and games)	Fall	2
Basics of individual sports (Basic of athletics, Swimming, Martial arts, Sport gymnastics)	Fall	8
Visiting trainings I. (Football)	Fall	2
Visiting trainings I. (Basketball)	Fall	2
Visiting trainings I. (Athletics)	Fall	2
Visiting trainings I. (Swimming)	Fall	2
Visiting trainings III. (Football)	Fall	2
Visiting trainings III. (Basketball)	Fall	2
Visiting trainings III. (Athletics)	Fall	2
Visiting trainings III. (Swimming)	Fall	2
Leading and practice of training I. (Football)	Fall	2
Leading and practice of training I. (Basketball)	Fall	2
Leading and practice of training I. (Athletics)	Fall	2
Leading and practice of training I. (Swimming)	Fall	2
Leading and practice of training III. (Football)	Fall	2
Leading and practice of training III. (Basketball)	Fall	2
Leading and practice of training III. (Swimming)	Fall	2
Leading and practice of training III. (Athletics)	Fall	2
Kangoo	Fall	3
Crossfit	Fall	3
Shooting	Fall	3
Yoga (Hatha yoga)	Fall	4
Callisthenics II.	Spring	2
Physical Education Games	Spring	2
Motor development	Spring	2
Motor Learning Motor Control	Spring	2
Basics of Theory of Training I.	Spring	2
Anatomy II.	Spring	2



Physiology, Sportphysiology II.	Spring	4
Dietetics	Spring	2
Prevention, Physical Therapy, Rehabilitation	Spring	4
Sport Injuries	Spring	2
Pedagogy III. (Theories of Education, Didactics)	Spring	4
Introduction to Psychology II. (Developmental Psychology)	Spring	2
Pedagogical Psychology	Spring	2
Social Sciences II. (Communication, Introduction to Sociology, Basic of Sport Law)	Spring	5
Communication in Sport	Spring	2
Introduction of Research methods in Sport	Spring	4
Event management	Spring	2
Leadership and organization of sport camps	Spring	3
Sport theory and practice II. (Football)	Spring	6
Sport theory and practice II. (Basketball)	Spring	6
Sport theory and practice II. (Athletics)	Spring	6
Sport theory and practice II. (Swimming)	Spring	6
Sport theory and practice IV. (Football)	Spring	6
Sport theory and practice IV. (Basketball)	Spring	6
Sport theory and practice IV. (Athletics)	Spring	6
Sport theory and practice IV. (Swimming)	Spring	6
Sport theory and practice VI. (Football)	Spring	6
Sport theory and practice VI. (Basketball)	Spring	6
Sport theory and practice VI. (Athletics)	Spring	6
Sport theory and practice VI. (Swimming)	Spring	6
Visiting trainings II. (Football)	Spring	2
Visiting trainings II. (Basketball)	Spring	2
Visiting trainings II. (Athletics)	Spring	2
Visiting trainings II. (Swimming)	Spring	2
Leading and practice of training II. (Football)	Spring	2
Leading and practice of training II. (Basketball)	Spring	2
Leading and practice of training II. (Athletics)	Spring	2
Leading and practice of training II. (Swimming)	Spring	2